



2019-2020 Competition Pack

All Star Club

Enigma will be entering our fifth competitive year in September 2019, training at Copleston Sports Centre, Ipswich. We are aiming to have cheer teams from Age 4 to Adult and we continue to provide more options and squads through our prep programme and recreational classes.

The scoresheets get continually harder with the need to have all members of each team having their level appropriate stunting and tumbling and skills at the first competition to be in the mid ranges on the scoresheets. There are now more divisions and combinations of ages available than ever before, which means we have lots of options and we can place athletes in squads that have opportunity for the athletes to score well. Our fifth season sees us start competing in January 2020 to give all our athletes more time to have routines clean, ready and skills polished.

International Team for 2020

We would love to take all our teams to FC Internationals in Bournemouth in July 2020 but recognise that for some of our families it's too big a commitment, both timewise and financially. Therefore, we will be setting up Internationals teams specifically for this competition once we know who wishes to join the Internationals squad.

We look forward to you joining us!

Helen Wright, Head Coach

Team Placements

All athletes who wish to be on a team can be placed on one and will need to work on their level skills both in weekly training and at home every day. We are considering entering the International divisions and also looking at non-tumbling divisions to give our athletes more options and pushing up levels through these options. Athletes will be put in the most appropriate squad based on their age and skills and the needs of the teams to gather points on the score sheets at competition; the Head Coach's decision is final on all placements and decisions are made for the best option for each athlete and the whole team. Cross Overs to two additional teams are in addition to the primary team placement are permitted if the skills are present for that team, athletes may also be invited to be an alternate / substitute on another team.

Evaluations (also known as try-outs) will be from 8th to 20th July 2019 and are £7.50 for mini age athletes and £10 for all others. Athletes will be expected to show their best jumps and tumbles and will be asked to take part in stunt groups. Once an athlete has been through the evaluation sessions we will offer team placement via email in early August.

Ages for teams are determined in two ways, either at 31st August 2019 or the athletes age in the year in which they are competing. Depending on the division the team is entered in, determines the age cut-off applicable. So yet again until we know who is in the pool of athletes, we cannot work out the teams.

Policies

All athletes and their Parents / Carers are required to abide by Enigma policies on behaviour, commitment, absence, payment and social media. Consequences for breaching the policies may be suspension or exclusion from their squad or classes. As a team sport when one member of the team does not show up to practice or causes issue it affects everyone. Policies and a signing link will be sent to you with your team placement offers. We ask everyone to re-sign this every season so it is freshly reviewed.

We take your data protection seriously and have in place a privacy policy which you will be asked to sign to agree to us contacting you about you/your athlete's training which is necessary for you / your athlete to attend training and competitions. You will also be asked for permission to take and use photographs and video at training, competitions and displays. If you signed the privacy policy last season you will not need to sign again.

Absences

We build in downtime and holidays into our annual schedule to coincide with school and bank holidays where possible, however we do train most weeks of the year and always before competitions.

Athletes must attend all training in the 3 weeks of training prior to a competition – this is called the Red Zone - unless they have vomiting, diarrhoea, serious injury or contagious illness they are expected to be there. If injury or illness that will impair or prevent the athlete from competing we will discuss individually with you as soon as you alert us. If athletes are absent for any other reason (parties, birthdays, holidays, days out) they will be choreographed to a position that removes the impact of their absence on their team mates.

Competition Attendance

We ask that all athletes be available for the competitions that are detailed later in this document. Whilst we can accommodate with plenty of notice an athlete being unable to attend one, changes to the routine stunt positions need reworking and that doesn't happen in one session, so we need to know in September 2019 any problem dates. Our prep squad only competes twice a year and is an alternative for those who cannot commit to the full competition schedule.

Travel & Accommodation

You are liable for making your own arrangements for travel and accommodation to UK competitions. Event Producers commit to only releasing the competition running order two weeks before the event, please ensure you can be there by 8am to compete if necessary and you may be staying till 10pm to see through awards.

Under 18's must be accompanied by a parent, older sibling (Over 18yrs) or if agreed by another cheerleader's parent who is attending. The parent is expected to take responsibility for their Cheerleader and those they have brought to

the competition when they are not competing, so will need to have purchased a spectator ticket in advance when alerted by us to purchase. Volunteer Team Mum's are not responsible for children (other than their own) but will help their teams get ready on competition day and deal with questions and queries. The coaches are not responsible for any athletes whilst they are not in warm up preparation or competing.

Training Schedule

As we do not yet know the squads' we will have in September we cannot confirm the training times and sessions at this time. This season we have been, Monday Nights for Seniors, Thursdays for Juniors and everyone else over the weekend, whilst we will try to stay close to those, we cannot guarantee they will be on the same days or at the same times.

Additional compulsory training sessions may be scheduled for competition and choreography preparation. Full-Out days will also be scheduled prior to competitions which will also be compulsory. Some of the planned dates are shown below.

The season schedule runs from placement acceptance in August 2019 through to the last competition (Internationals in July. We may change times or extend practices to accommodate additional training needs or events at the school (school events are beyond our control). We always endeavour to notify times and changes as soon as possible throughout the season. Athletes may not participate in or try-out for non-Enigma Cheer teams without the Head Coaches written permission until the end of the season.

Provisional Key Dates

Return to Cheer	29 th August 2019
October Half Term Break	19 th October 2019 (Sat) to 25 th October (Fri)
December Break	17 th December 2019 (Tues) to 27 th December 2019 (Fri)
Compulsory Full Out Day	19 th January 2020 (Sun - FC Essentials Competitors)
Compulsory Full Out Day	9 th February 2020 (Sun – Legacy Competitors)
Compulsory Full Out Day	1 st March 2020 (Sun – FC Spotlight Showdown Competitors)
Compulsory Full Out Day	8 th March 2020 (Sun – FC Spotlight Showdown Competitors)
Easter Bank Holiday	10 th April 2020 (Fri) to 13 th April 2020 (Mon)
Worlds Shutdown	20 th April 2020 (Mon) to 27 th April 2020 (Mon)
End of May Bank Holiday	24 th May 2020 (Sat) to 26 th May 2020 (Mon)
Compulsory Full Out Day	28 th May 2020 (Thur – All Teams Except Prep & Novice)
Compulsory Full Out Day	28 th June 2020 (Sun – Internationals Teams Only)
End of Squad Training	14 th July 2020 (Tues)
Tryout Weeks 2020	18 th July 2020 (Sat) to 30 th July 2020 (Thur)

Costs & Fees as at 1st July 2019:

Tryout / Evaluation Fee	£10 per athlete (£7.50 for Minis)
Registration Fee	£30 per athlete due within 14 days after placement offer in August, £40 thereafter

Monthly Training Fees due on 1st of each month

One Hour training per week	£17.50
One and a Half Hours Training per week	£27
Two Hours Training per week	£32
Four Hours Training per week	£58

We have simplified our payment structure for those cheerleaders or families training in total more than two hours a week to discount across all hours being trained. All Monthly fees are determined by numbers of hours per week and this is per cheerleader or per family living at the same address. Costs will be issued with the placement offers so that you can budget accordingly. All payments are non-refundable. All payments are managed electronically and monthly training fees will be paid by direct debit. The link to set up your debit will be sent via Go Cardless upon receiving your registration fee. This will be debited on or around the 1st of each month. Please plan accordingly as if

V 2.0 19th June 2019

payment is not received the athlete will not be allowed to train until the debt is cleared.

As our first competition is not until January 2020 we will collect your athlete competition fees by direct debit this season ahead of each entry deadline. Spectator tickets must also be ordered and if the event producer requires us to order them on your behalf, payment will be collected using the direct debit instruction by the dates shown below.

Competition Information – Items in Red yet to be confirmed by Event Provider

PART ONE OF SEASON -

Competition	Comp. Date	First Competition Entry	Additional Team Entries	Spectators – all To be confirmed by Event Providers		Payment Collection Date for Competition and Spectator Tickets
				13+	5-12yr	
Future Cheer Essentials Levels 0 to 2 <i>Colchester – Essex University</i>	25 th January 2020 All Level 0 to 2 Teams including prep and novice	£19	£14 Stunt Groups £17	<i>£22</i>	<i>£12</i>	<i>1st December 2019</i>
Legacy Just Believe <i>Copper Box Arena - Stratford</i>	15 th /16 th February Level 3+ Teams Only	<i>£39</i>	<i>£22</i>	<i>£23</i>	<i>£18</i>	<i>1st December 2019 Buy Spectator Tickets Direct</i>
Future Cheer Spotlight Showdown <i>Colchester Crowne Plaza</i>	14 th March 2020 Mini, Youth, Junior 15 th March 2020 Senior, Open	£32	£22 Stunt Group £30	<i>£22</i>	<i>£12</i>	<i>1st January 2020</i>

PART TWO OF SEASON -

Competition	Comp. Date	First Competition Entry	Additional Team Entries	Spectators Per session – all to be confirmed by Event Providers		Payment Collection Date for Competition and Spectator Tickets
				13+	5-12yr	
BCA Summer Showdown <i>Guildford Spectrum</i>	<i>31st May / 1st June 2020 tbc All Levels Excluding Prep and Novice</i>	£30	£20	<i>£22</i>	<i>£10</i>	<i>1st April 2020 Buy spectator tickets direct</i>
ICE Big Chill <i>Bush Leisure Centre Peterborough</i>	6 th / 7 th June Prep & Novice	£17.50	£12.50 Solos £35 Duos £40	£10	£7.50	1 st March 2020
FC Internationals <i>Bournemouth International Centre</i>	4 th / 5 th July 2020 International Teams Only	£42	£26	<i>£25</i>	<i>£17</i>	<i>1st February 2020</i>

Summer Showcase

We are still planning our Summer showcase dates and will release once the venue can confirm dates with us. The showcase is an opportunity for friends and family to come and see our athletes of all our teams, including our prep and novice teams and help us raise funds for equipment and the running costs of the teams and classes. This is a compulsory attendance event for all squad athletes.

What to Wear for Practice

Enigma Training uniform is compulsory. This is so that athletes look and feel like a team in practice and take pride in being part of their squad. We provide a t-shirt to each athlete at the start of the season which can be worn for all sessions. Hair must be tied up in pony tail or braided and all jewellery removed, no finger nails longer than fingers. Cheerleaders require White low profile cheer shoes. A black Enigma sweatshirt or training jacket can be worn on cold days.

Training uniform is available throughout the year and a price list will be sent to you on sign up. There is a six week factory turn around on branded training wear, please order early.

Competition Uniform

Our competition uniform for the All Star squads is £100 and is compulsory. An alternative top is available with a cut out back – this is an additional £30. Athletes can opt for the standard or cut out back as both match from the front.

Prep and Novice squads will perform in Enigma Prep Uniform which will be ordered in September. Price for competition bow for all squads is £18.

All new and senior athletes without a current uniform will be required to purchase a uniform to match the other squads. We will order in late October to have any new uniforms ready for January. We can collect by direct debit on 1st October or in two instalments 1st September and 1st October.

All white cheer shoes (examples -Varsity Last pass 2.0, Ascend, nfinity evolution) or agreed equivalents for practice as well as competition. Any cheerleader in a flyer position must have lace up shoes that support both feet and ankles. If an athlete is considering hi-top styles due to ankle stability concerns then nfinity beasts or titans are acceptable (must be white). Please ensure whichever style you choose they are firm around the foot and the ankle.

Fundraising

We are a Community Interest Company (registration number 11872339), which means we have the same status as a Charity. Our biggest fundraising aim for this year is a sprung floor in our own premises. We need everyone's help to fundraise the minimum of £25,000 to cover the sprung floor, equipment and some of the running costs of a premises. If you would like to be part of our fundraising committee then please volunteer!

Questions?

On the next page you will find some answers to the most frequently asked questions, however if there's anything else then please email HelenW@enigmacheer.org.uk, and I will answer your queries or we can arrange time to discuss, I am also available at the end of training sessions on Mondays, Thursdays and Saturdays.

Frequently Asked Questions

Me / My child is already on a team why do I / they have to try out?

We are constantly looking at how we can increase our scores and provide athletes with a challenging experience to learn new skills. Some athletes become too old for certain age groups so need to be placed on the right level for their age. The tryouts enable us to see where the athlete has developed in the last season and the potential mixes of stunt groups and tumblers at different levels and ages.

This coming season there are more divisions available to Coaches to enter than ever before and strategically we need to ensure we can enter the ones the teams will have higher chance of success at. Ages ranges differ between All Star Elite, International, Non-Tumbling and Prep. It's got complicated!

Can I accept the placements within the 14 days but not pay until September?

Until we receive the registration fee we will not confirm the athlete's place on any team. If you wait till September it will be the higher rate of £40 payable.

Why do I have to buy a hair bow separately as we've not had to before?

Last season the Registration fee did not cover the cost of the t-shirt and bow provided. As the aim of the registration fee is to cover the administration and music as well as those items (and it didn't) the impact was that we could only afford pre-mixed music and had to re-use old tracks. This season we are aiming to buy customised music for each team, so the season bow will be a separate item to purchase.

Why must Senior athletes buy a new uniform?

By all athletes having the same uniform from this season it keeps a standard appearance across all teams. Where athletes cross over to multiple teams it saves money and simplifies competition day. The new uniform is lower in cost than the previous Varsity ones which were purchased four years ago for some athletes, the new uniform top is not cropped, in line with the IASF uniform policy and for all athletes to feel comfortable wearing it. Uniform design is retired usually at three years after implementation, so Seniors are overdue to update to the Enigma branded uniform.

Can athletes wear any trainers?

Athletes should train in the shoes they will compete in. These must be all white flat soled (not chunky) trainers. Cheerleading shoes are preferred however there are many non-cheer shoes that are very similar. Always check with us first before buying non-cheer specific shoes.

Is there any financial help available to fund sessions?

Our costs are some of the lowest you can find for All Star Cheerleading, therefore we cannot offer any discounts or bursaries.

Can I pay on a different date?

We are standardising the payments to the 1st of each month to reduce our administration costs, we cannot change payment dates as we do not have the resources to deal with multiple collections.

Can I buy Enigma jumpers and branded merchandise?

Yes you can – please enquire about our current ranges. Practice wear can be ordered at any time during the year.

If we can only do one competition in the season can we still join?

Please consider a prep team as any athlete on an All Star Team is expected to be able to attend most of the competitions for their squad.